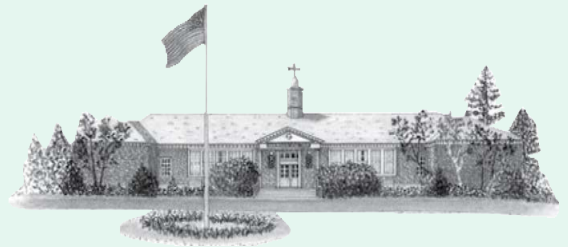


# Harborfields

PUBLIC LIBRARY NEWSLETTER



September 2018

**In the Gallery**  
**September 1 - 27**

**Annual Senior Art Show**



**VISIONS**  
*of experience*

**Artists' Reception**  
**Saturday, September 8**  
**3:30 - 4:30 PM**

All artists, along with their families and friends, and members of the Harborfields Community are cordially invited to our annual Artists' Reception. Meet the artists, view their slide show, enjoy light refreshments and join us in congratulating these talented seniors who have elected to share their creative visions in this special show.

**September is**  
**Library Card Sign Up Month!**

If you are a Harborfields School District resident and don't have a library card, just bring two forms of ID to the Circulation Desk to apply for a Harborfields Public Library card. You may be able to pick up and use your new card the same day.

### Hours

**The Library will be closed on**  
**September 3 for Labor Day. The Library**  
**will be open on Sundays from**  
**1:00 - 5:00 PM beginning September 16.**

**The Library will open at 11:00 AM on**  
**Friday, September 28**

### Neal Stuart & The Empire State

**A Tribute to Johnny Maestro**  
**Sunday, September 30,**  
**2:30 - 4:00 PM**

An exciting all-star collaboration of veteran musicians. Neal Stuart and the Empire State performs the music of the late, great Johnny Maestro, as well as other well known artists such as The Righteous Brothers, Ike and Tina Turner, Jackie Wilson, The Four Seasons, The Spencer Davis Group and Dion to name a few. This program is sponsored by the Friends of the Library. Free tickets are available at the Circulation Desk.



**So proud of**

**"The Harborfields' Incredibles"**  
**at this summer's Battle of the**  
**Books competition!**

Pictured from left to right are: McKenzie Coleman, Zoe Sbarra-Vaughan, Max Stratton, Max Vaughan, Kaitlyn Herson, Isabel Silverman, and Lindsay Sung. All worked hard and had fun while preparing for the 22nd Summer Battle of the Books Competition at Stony Brook University that was held on August 11.



**VOLUNTEER**  
OPPORTUNITIES FAIR

**Wednesday, September 26**  
**4:00 - 6:30 PM**

The Volunteer Opportunities Fair aims to connect adult and student volunteers with representatives from various agencies in the Huntington area and across Long Island. Volunteers are vital to help these organizations fulfill their mission. If you have some time to give, stop by to meet representatives and discover the many ways that you can give back. Light refreshments will be provided by the Friends of the Library.

# Babies & Toddlers

Program designed for children of all abilities.

Children must be Harborfields residents to register for these programs. Please call Youth Services or register online for programs with an asterisk (\*).

## Good-Bye Summer, Hello Autumn\*

A half-hour program of stories, finger plays and more. Story programs begin the week of September 17 and end the week of November 5. **Online registration 9/10**

## Story time For 3's And 4's\*

**Children age 3 by September 12**  
Tuesdays, 2:30 – 3:00 PM  
Wednesdays, 2:30 – 3:00 PM  
Thursdays, 10:00 – 10:30 AM

## Mother Goose

**Children ages birth to 30 -months and a caregiver**  
Saturday, September 15, 11:30 AM – 12:00 PM  
Registration is not required. Siblings are welcome.

## Patty-Cake! Patty-Cake!\*

**Bringing Babies and Books Together!**  
**Children birth to 17-months-old and a caregiver**  
Mondays, September 17, 24, October 1 & 15,  
9:30 – 10:00 AM OR 10:30 – 11:00 AM  
A half-hour of board books, nursery rhymes, songs and more. No siblings please! **Online registration 9/4**

## Puzzle Time

**Children ages 12 - to 48-months-old and a caregiver**  
Tuesday, September 4, 10:30 - 11:15AM  
Registration is not required. Siblings welcome.

## Let's Make Music\*

**Children ages 12 - to 35-months-old and a caregiver**  
Fridays, September 7 & 14, 10:30 – 11:00 AM OR 11:15 - 11:45 AM  
Siblings are welcome. **Online registration 9/4**

## 1, 2, Buckle My Shoe\*

**Children ages 18 - to 35-months-old and a caregiver**  
Tuesdays, September 18, 25, October 2 & 9, 9:30 – 10:00 AM  
OR 10:30 – 11:00 AM  
Enjoy a half-hour of stories, finger plays, movement and more. No siblings please! **Online registration 9/4**

## Toddler Movies

**In the Children's Meeting Room B**  
Thursday, September 6, 10:30 AM  
**FISH TALES 2** NR, 71 minutes

Friday, September 21, 10:30 AM  
**ARTHUR: D.W. AND THE BEASTLY BIRTHDAY** NR, 70 minutes

An adult must accompany the children at all times. Please no eating or drinking during the movie. Registration is not required.

## School Bus Special\*

**Children ages 18 to 48-months-old and a caregiver**  
Wednesday, September 12, 10:30 – 11:30 AM

Come join us as we play, learn and grow in this fun and fast-paced preschool readiness program presented by A Time for Kids, Inc. Activities will include music, movement, fine and gross motor activities and listening activities. Each child will create a school bus craft. Siblings are welcome. **Online registration 9/5**

## 1,000 Books Before Kindergarten Challenge

We invite all families with children between the ages of birth and five years to join us in the 1,000 Books Before Kindergarten challenge. This is a nationwide initiative that encourages all parents and caregivers to regularly read aloud to their children. By reading just one book a night your child can reach the 1,000 book goal in three years. Please stop by the Children's Room beginning September 1, to begin your child's reading journey to a lifelong love of books and reading.

## New Baby Kit

The Children's Room has created a special packet of information for first-time parents living in the Harborfields School District. Our kit includes pamphlets on developmental stages, vaccinations, tips on reading and play and a variety of valuable resources. Please call the Children's Room for additional information.

## When It's Time to Go!

Toilet training can be a challenging process for both you and your child. The Children's Room is circulating two Toilet Training Kits with either a Pirate theme or Princess theme. Each kit includes three books, two DVD's and a folder with a motivational chart, stickers to track your child's progress, and informational handouts. Please visit the Children's Room for additional information and to borrow a kit.

## Imagination Stations\*

**Children ages 18 - to 48-months-old and a caregiver**  
Friday, September 14, 2:30 – 3:15 PM

Children will participate in creative play using a variety of toys including blocks, puzzles, puppets, coloring, play kitchen, and dress up which will be set up throughout the room. The program will conclude with a circle time of songs and a story. Siblings are welcome. **Online registration 9/7 at 10:00 AM**

## STEAM ZONE: Art Start

## LEGOs for Little Ones

**Children ages 24-months-old to 5-years-old and a caregiver**  
Friday, September 28, 11:15 AM - 12:00 PM

Registration is not required. Siblings are welcome.

# Children's Programs for Grades K - 5

Program designed for children of all abilities.

Children must be Harborfields residents to register for these programs. Please call Youth Services or register online for programs with an asterisk (\*).



## The Very Hungry Caterpillar Turns 50!

Visit the Children's Room during the month of September in celebration of Eric Carle's beloved book *The Very Hungry Caterpillar*. All books by Eric Carle will be on display. Children can enjoy these books in *The Very Hungry Caterpillar* cozy cocoon throughout the month.

**Children ages 18 - months to 5 years-old and a caregiver**  
**Thursday, September 13, 10:30 – 11:15 AM**

Visit our creativity stations where little artists will make simple projects to inspire their imaginations. Stations will include coloring, stickers, bingo markers and seasonal glue project. Siblings are welcome. Registration is not required.

## STEAM ZONE: Playing with Play Dough

**Children ages 3 - to 5 years-old and a caregiver**  
**Wednesday, September 19, 10:30 – 11:15 AM**

Playing with play dough helps to develop children's language, literacy, science and math skills. Spend the morning squishing, rolling, sculpting and molding with play dough in a fun and social setting. Siblings are welcome. Registration is not required.

## Reading Comes Alive With Yoga™\*

**Children ages 3 – to 5-years-old**  
**Friday, September 21, 2:30 – 3:15 PM**

Become part of the story by moving, stretching and holding yoga poses with each turn of the page with Theresa Banks, RCYT. Bring a towel or mat. **Online registration 9/10**

## Story Art\*

**Children ages 3 – to 5 years old and a caregiver**  
**Wednesday, September 26, 10:30 – 11:15 AM**

Join us as we go back to school with *The Very Hungry Caterpillar*. Children will listen to this story that is illustrated using collage, color and placement of shapes. Children and a caregiver then will make an art and literature-based craft inspired by this book.

No siblings please. **Online registration 9/17**

## Back to School Bookmarks \*

**Children in grades 3 – 5**  
**Wednesday, September 26, 4:30 – 5:15 PM**

Save your place with a bookmark you make yourself! Bring your creativity – we will provide all the supplies. Make bookmarks for all your new school books! **Online registration 9/17**

## Tail Waggin' Tales\*

**Children in grades K - 5 and a caregiver**  
**Friday, September 14, 4:30 – 5:30 PM**

Children will read with Cutch, a certified therapy dog, from Therapy Dogs International, Inc. Please sign up for one 15-minute one-on-one sharing session. Siblings are welcome. **Registration 9/7 at 10:00 AM**

## Artists Come Alive\*

**Children in grades K – 5**  
**Tuesday, September 11, 3:00 – 4:00 PM**

Children of all abilities will learn about a variety of artists including when they lived and their style of art with instructor Diane Young. Each child will create their own unique masterpiece to bring home. **Online registration 9/5**

## Dagger DogVinci\*

**Children in grades K – 5 with a caregiver**  
**Saturday, September 29, 11:00 AM – 12:00 PM**

Spend a morning painting with real live dog artist Dagger DogVinci! Dagger loves to paint and to share his love of painting with young children. He also donates a portion of the proceeds of all his paintings to Animal and people-related charities including St. Jude Children's Hospital, Forgotten Friends of Long Island ASPCA, and Canine Companions for Independence. **Online registration 9/18**

## Busy Hands, Busy Minds\*

**Children in grades K & 1**  
**Mondays, September 17 & 24, 4:30 – 5:15 PM**

Engage your mind and your hands as we listen to stories while keeping busy with quiet activities such as LEGOs, puzzles, coloring and more! **Online registration 9/10**

## THE GREAT PLAY DATE!

**Saturday, September 22**

### Music with Mister Robert

**Children ages 18 - 48-months-old with a caregiver**  
**10:30 - 11:30 AM**

Join us for the first annual Great Playdate, a countywide library initiative which is being celebrated at libraries all across Suffolk County! Children and a caregiver will enjoy a morning of music and play with Mister Robert (formerly of Gymboree) **Online registration 9/14**

### Afternoon of Crafts

**Children ages 3-years-old - grade 5 and a caregiver**  
**2:00 - 4:00 PM**

Drop in for an afternoon of crafts. We will provide simple craft items that children and a caregiver can create. Registration is not required.



# Children's Programs for Grades K - 5

Program designed for children of all abilities.

Children must be Harborfields residents to register for these programs. Please call Youth Services or register online for programs with an asterisk (\*).

## Steam Zone: Apple Exploration\*

Children in grades K - 2

Thursday, September 20, 4:30 – 5:30 PM

Learn about these sweet fall fruits, take the Great Apple Taste Test and make an apple craft. **Online registration 9/11**

## Chess Mates\*

Children in grades 1 - 5

Saturday, September 15, 2:30-3:00 PM OR 3:00 - 3:30 PM

Challenge yourself with an exciting game of Chess. Participants should have some knowledge of the game but will get basic tips and strategies as they play one on one with an experienced high school student. Each session will be 30-minutes. **Online registration 9/7 at 10:00 AM**

## Breakout EDU\*

Children in grades 3 - 5

Tuesday, September 25, 4:30 – 5:30 PM

Work collaboratively to solve a series of critical thinking puzzles in order to open a locked box with a unique collection of locks, boxes and items that are limited only by your imagination. **Online registration 9/14 at 10:00AM.**

## The Art of Pasta Making

Tweens in grades 4 & 5

Thursday, September 20, 7:00 – 7:45 PM

Tweens will learn techniques for making homemade pasta and will create hand-formed as well as machine formed Cavatelli to share with family and friends. Please bring a sealed container to bring items home. **Online registration 9/11**



## Sensory Friendly Family Movie

Saturday, September 8, 2:30 PM

IMAGINATIONLAND

Rated G, 70 minutes

Children of all ages and abilities and caregivers are invited for a showing of a sensory friendly film. Accommodations will be made to ensure that everyone can enjoy the film in a comfortable and relaxed setting. Registration is not required.

## The Page Turners\*

Children in 2nd grade

Friday, September 28, 6:30 - 7:30 PM

Spend an hour with friends and a librarian discussing *Joe and Sparky Get New Wheels* by Jamie Michalak in this introductory book discussion.

Pick up your copy of the book in the Children's Room upon registration. **Online registration 9/18**



## 3rd Grade Kids Read\*

Wednesday, October 24, 6:30 - 7:45 PM

Join your friends in discussing *Rider in the Night: A Tale of Sleepy Hollow* by Candice F. Ransom. Pick up a copy of the book in the Children's Room upon registration. **Online registration 9/24**

## Read & Rap\*

Children in grades 4 – 6 and an adult

Friday, October 19, 7:00 – 9:00 PM

Discuss *Something Upstairs* by Avi. Pick up a copy of the book upon registration. Parents who attend the book discussion are asked to also read the book. **Online registration 9/14 at 10:00 AM**

## Welcome New Sibling Kit

### I'm A Big Brother - I'm A Big Sister

Is your family expecting a new baby? Come into the Children's Room and reserve our *Welcome New Sibling Kit*. The new sibling kit may be borrowed for one week. Reservations are required and may be made up to five months in advance for anyone who holds a Harborfields Library card.

## Family Movies

In the Children's Meeting Room

Friday, September 7,  
7:00 PM

THE BOXCAR CHILDREN:  
SURPRISE ISLAND

Rated G, 80 minutes

Wednesday, September 19,  
2:30 PM

A DOGGONE ADVENTURE  
G, 85 minutes

Food and drink are not permitted during the movie or in the Library. Children under the age of 10-years-old must be accompanied by an adult. Registration is not required.

## LEGOs

### at the Library\*

Children in grades K - 5  
Saturday, September 29,  
2:30 – 3:15 PM

Online registration 9/ 21  
at 10:00 AM

SEPTEMBER 2018  
Featured Bookmark  
by Lilly Fleischer  
Grade 5



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 2018</b>						<b>1</b>
<b>2</b> Library Closed	<b>3</b> Library Closed	<b>4</b> 10:30 AM-Puzzle Time 1 PM-Adult Coloring 7 PM-Friends of the Library Meeting 7 PM-Global Viewpoints	<b>5</b> 1 PM-Medicare Counselor	<b>6</b> 10 AM-Arthritis Exercise Sept 6 - Dec 6 10:30 AM-Toddler Movie: "Fish Tales 2" 2 PM- Calling All Poets 2 PM-Thursday @ the Movies: Hurricane Heist	<b>7</b> 10:30 AM-Let's Make Music* 11:15 AM-Let's Make Music* 1 PM-Game & Card Room 7 PM-Family Movie: "Boxcar Children: Surprise Island"	<b>8</b> 2:30 PM-Sensory Friendly Family Movie: "Imagination Land" 3:30 PM-Senior Art Show Reception
<b>9</b> Library Closed	<b>10</b> 10 AM- English Conversation Group 11:30 AM-Dance Therapeutics Sept 10 - Dec 10	<b>11</b> 1 PM-Adult Coloring 3 PM-Artists Come Alive*	<b>12</b> 10 AM-Exploring European Cities with Google Maps 10:30 AM-School Bus Special* 2 PM- Taproot Workshop 4 PM-Advanced Battle of the Books: Informational Meeting 6:30 PM-3rd Grade Kids Read* 7 PM-China's Ancient Silk Road	<b>13</b> Primary Elections 10:30 AM-STEAM ZONE: Art Start  4 PM-Study Buddies Orientation Meeting	<b>14</b> 10:30 & 11:15 AM-Let's Make Music* 1 PM-Game & Card Room - Meet in Reference Room Today 2:30 PM-Imagination Stations* 4:30 -5:30 PM Tail Waggin' Tales* 7 PM-Dungeons & Dragons: session 0	<b>15</b> 11:30 AM-Mother Goose 2:30 PM-Chess Mates* 2:30 PM-Teens Connect: Chess Mates 3 PM-Chess Mates 5 PM-The Longest Table
<b>16</b>	<b>17</b> 9:30 & 10:30 AM-Patty Cake!* 10 AM- English Conversation Group 10 AM-Let's Talk About Medicare 11:30 AM-Dance Therapeutics 4:30 PM-Busy Hands, Busy Minds* 6 PM-4 Week Yoga for Teens 7 PM-Teen Advisory Board 7:30 PM-Mindful Eating, Mindful Driving, & Getting A Good Night's Sleep	<b>18</b> 9:30 AM-1,2, Buckle My Shoe* 10:30 AM-1,2, Buckle My Shoe* 11 AM-Willing Hearts, Helpful Hands 1 PM-Adult Coloring 2:30 PM-Story Time for 3's & 4's*	<b>19</b> 10:30 AM-STEAM ZONE: Playing with Play Dough 11:30 AM-From Cover to Cover Morning Book Discussion 1 PM-Medicare Counselor 2 PM-Taproot Workshop 2:30 PM-Story Time for 3's & 4's 2:30 PM-Family Movie: "A Dog-gone Adventure"	<b>20</b> 10 AM-Arthritis Exercise 10 AM-St. Francis Community Outreach Bus 10 AM-Story Time for 3's and 4's* 2 PM-Taking Care of the Caregiver 2 PM - Calling All Poets 4:30 PM-STEAM ZONE: Apple Exploration* 7 PM-College Essay Application Writing Workshop 7 PM-The Art of Pasta Making* 7 PM-Zumba with Lauren	<b>21</b> 10:30 AM-Toddler Movie: "Arthur: D.W. and the Beastly Birthday" 1 PM-Game & Card Room 2:30 PM-Reading Comes Alive with Yoga* 7 PM-Read & Rap*	<b>22</b> The Great Playdate 10:30 AM-Music with Mr. Robert 2 PM-Afternoon of Crafts
<b>23</b>	<b>24</b> 9:30 AM-AARP Smart Driver Course 9:30 & 10:30 AM-Patty Cake!* 2:30 PM-Brain Matters 4:30 PM-Busy Hands, Busy Minds* 6 PM-4 Week Yoga for Teens 6:30 PM-Navigating the Gig Economy 7 PM-Community Service and You	<b>25</b> 9:30 AM-1,2, Buckle My Shoe* 9:30 AM-AARP Smart Driver Course 10:30 AM-1,2, Buckle My Shoe* 12 PM-Elder Abuse Prevention 1 PM-Adult Coloring 2 PM-SeniorNet: Instagram 2:30 PM-Story Time for 3's & 4's* 4:30 PM-Breakout EDU* 6 PM-Learn to Be Tobacco Free 7 PM-The College Application Process: What you need to know	<b>26</b> 10:30 AM-Story Art* 2 PM-Taproot Workshop 2:30 PM-Story Time for 3's & 4's* 4 PM-Volunteer Opportunities Fair 4:30 PM-Back to School Bookmarks*	<b>27</b> 10 AM-Arthritis Exercise 10 AM-Story Time for 3's and 4's* 2 PM-Thursday @ the Movies: Book Club 7 PM-Just the Facts Nonfiction Book Discussion 2018 7 PM-Library Board of Trustees Meeting 7 PM-Zumba with Lauren	<b>28</b> Library Opens at 11 AM 11:15 AM-LEGOs for Little Ones 1 PM-Game & Card Room 6:30 PM-The Page Turners*	<b>29</b> 10 AM-Bagels and Books 11 AM-Dagger DogVinci* 2:30 PM-LEGOs at the Library* 2:30 PM-Teens Connect: Lego Helpers
<b>30</b> 2:30 PM-Concert: Neal Stuart & The Empire State						

# Teen'Scape Programs

\*All teen program registrations are ongoing unless a starting date is specified.

Teens must be Harborfields residents entering grades 6 - 12 in the fall to register for these programs, unless otherwise noted. Please call Teen'Scape or register online.

## 4-Week Yoga for Teens

**Mondays September 17, 24, October 1, & 15, 6:00 – 7:00 PM**

Certified Instructor Alice Weiser will help you start the school year right in these fun and relaxing yoga classes. They will help build strength and flexibility while giving you tools for coping with stress. All levels are welcome. Please bring a yoga mat. Please register.

## Community Service and You

**Students in grades 7 through 12**

**Monday, September 24, 7:00 – 7:45 PM**

Don't wait until the end of the school year to scramble to fill your community service requirements. If you would like to earn community service hours at the Library throughout the year, plan to attend this orientation meeting. Learn what is expected as a volunteer for programs such as LEGOs @ the Library, Chess Mates and other Teens Connect programs. **Students must attend this 45-minute informational meeting in order to volunteer for future programs. Please register.**

## Teen Advisory Board Meeting

**Monday, September 17, 7:00 - 8:00 PM**

Want to help plan programs, meet new friends, and discuss current trends in music, books, television and movies? Do you have great ideas to share? Then the Teen Advisory Board is for you! We value your voice and opinions and would love to hear from you! At this month's meeting we'll recap the Summer Reading Club and welcome new members as we discuss what's new this fall. Bring a book that you would like to recommend and please register.

## Bagels and Books!

**Saturday, September 29, 10:00 – 11:00 AM**

Join your friends and meet new ones in a book club for Middle School students who love to read. This month we will read and discuss *El Deafo* by Cece Bell. A poignant graphic tale based on the author's own experience with hearing loss, follows the adventures of young Cece, who develops "superpowers" to manage the challenges of making friends while wearing a bulky hearing aid that sometimes lets her hear things she shouldn't. Copies of the book will be available September 1. Please register.

## Advanced Battle of the Books!

**Informational Meeting**

**Wednesday, September 12, 4:00 PM**

**Note Change!**

**New time of the year for students in grades 9 through 12**

The Advanced Battle of the Books competition traditionally held in the spring will be held on Friday, November 30th from 6:00 - 9:00 PM at Connetquot High School. Be a part of our team and share your love of reading with others that are as passionate as you are! Please register.

**Coming next month**  
**4-Week SAT Prep Course &**  
**Volunteer Sign Up for Storybook Halloween**

## TEENS CONNECT

### Chess Mates

**Students in grades 7 – 12**

**Saturday, September 15, 2:30 – 3:30 PM**

Partner with a student in grades 2 to 5, and teach them the game of chess. Earn one hour of community service. Space is limited. Registration begins September 1 by calling the Teen Desk or register online.



### LEGOs Helpers

**Open to Students in grades 7 – 12**

**Saturday, September 29, 2:30 – 3:30 PM**

Volunteers will assist the Children's LEGOs program and earn two hours of community service. This program is limited to four volunteers. Registration begins September 1 by calling the Teen Desk or register online.

### Study Buddies Orientation Meeting

**Students in grades 9 - 12**

**Thursday, September 13, 4:00 – 4:30 PM**

High School Students are offered a valuable opportunity to volunteer throughout the school year by assisting students in grades 1 - 8 with their school assignments and preparing for exams. Volunteers will earn community service hours for their time. If you are interested in becoming a Study Buddy volunteer, you must attend this orientation. Previous and new volunteers may call Teen Services to register.

### Dungeons & Dragons: Session 0

**Friday, September 14, 7:00 – 8:30**

Come to the library for an introductory lesson on Dungeons & Dragons - learn the rules, create a character, and meet our resident Dungeon Master...Mr. Powell. Please register.

### The College Application Process and You

**Tuesday, September 25, 7:00 – 8:30 PM**

The college application process seems to be getting more stressful each year. What are colleges *really* looking for? What are some of the hidden expenses in going to college, and what are the latest trends in admissions? Find out in this 90-minute workshop. Hear how to create the perfect list of colleges for your child to apply to, and ultimately attend. Please register.

### College Essay Writing Workshop

**Students in grades 11 & 12**

**Thursday, September 20, 7:00 – 8:00 PM**

The essay is often the most difficult and dreaded part of the college application process. It can make or break your application. In this one-hour workshop learn about writing the all-important college essay from Naushad Mehta, a professional writing coach and the founder of Inspired Essays. Please register.

# Adult Programs

Please call the Reference Desk or register online for adult programs unless otherwise noted. In-person registration is required for all programs with a fee.

## China's Ancient Silk Road

**Wednesday, September 12, 7:00 PM**

In 1999 Michael Fairchild set out to document life along the ancient Silk Road in China. His photographic journey started at Xian, site of the terra cotta army, then travelled west to the great dunes of Dunhuang, then ended up in the ancient city of Kashgar. More recently China has built a new silk road a superhighway of rail and tarmac connecting the old cities of the ancient silk road. His narrative of this journey recreates the feeling of Marco Polo's epic 13th century voyage. Please register.

## Brain Matters

**Monday, September 24, 2:30 PM**

In this interactive seminar, Speech Language Pathologist, Rachael McInnes will help you develop skills you can bring into your daily routine that aid word finding, memory, and executive function. Learn what you can do differently to combat the effects of aging as it relates to critical areas such as word finding, recalling why we walked into a room, or when we simply can't find our keys. Please register, space is limited.

## Global Viewpoints Forum

**The U.S. Supreme Court - What Do They Do, and Why Should We Care?**

**Tuesday, September 4, 7:00 PM**

Join facilitator John Busch and share your thoughts. Mr. Busch has extensive international experience and will guide the group in analyzing some of the most important challenges and opportunities throughout the world. Please call the Reference Desk or register online to receive a reminder e-mail.

## SeniorNet Seminar: Instagram

**Tuesday, September 25, 2:00 PM**

Instagram is a free online photo and video-sharing social networking service. Similar to Facebook and Twitter, everyone who creates an Instagram account has a profile and a news feed. Users can add captions to their posts and apply filters to enhance the picture. Instagram is not only a tool for individuals, but also for businesses. Join us to see how people around the world use Instagram to stay in touch over the Internet. Registration is not required.

## Taking Care of the Caregiver

**Thursday, September 20, 2:00 PM**

Being a caregiver for someone else requires stamina and good health. The journey is more of a marathon than a sprint and you need to be in the best condition you can be. Taking Care of YOU is essential to your own well being, and is crucial for your family member's health and comfort. Wellness Health Coach Lisa Zimmerman will show you ways to take care of yourself for a happier mind and body.

## The Art of Public Speaking

**Wednesdays, October 3, 10, & 17, 7:00 - 9:00 PM**

Have something to say or need help shaping how to say it? In this class you will learn how to create a "TED-like Talk" with the help of instructor Helen Murdock-Prep. This supportive workshop will teach you how to present yourself in public without fear! Limited to Harborfields Library cardholders through September 15. Please register, space is limited.

## Navigating the Gig Economy

**Monday, September 24, 6:30 - 8:30 PM**

We are steadily moving into the Gig Economy, changing the way we will work. Join professional career counselor Karen McKenna to explore how the Gig Economy works, focusing on strategies that you can use to become part of the Gig Economy. Learn valuable resources to transition into working "gigs" rather than traditional jobs. Predictions are that by 2020, 40% of American workers will be independent contractors. Will you be ready? Please register.

## Mindful Eating, Mindful Driving & Getting A Good Night's Sleep

**Monday, September 17, 7:00 PM**

Mindfulness Coach, Lou Maurio, shows you how being Mindful can have a great impact on your eating, driving and sleep. He will give you Mindful strategies for improving your diet and digestion, awareness and patience while driving, as well as finally getting the restful sleep your body needs. Please register

## Zumba with Lauren

**Thursdays, September 20, 27, October 4, 11 & 18, 7:00 - 8:00 PM**

Certified Zumba Instructor Lauren Singer welcomes Zumba students of all levels. This is a fast-paced latin dance class, and you should consult your doctor if you have never taken a Zumba class. You are always encouraged to move at your own pace, regardless of your skill level. Registration is currently underway for Harborfields Library cardholders. Non-residents may register beginning Saturday, September 8 if space remains. The fee for this five-week series is \$25, payable in person.

## Arthritis Exercise

**Thursdays, September 6, 20, 27, October 4, 11, 18, November 1, 15, 29, & December 6, 10:00 - 11:00 AM**

There is a \$25 non-refundable fee for this ten-week session with instructor Eden Bennett. In-person registration will be accepted at the Reference Desk. Open to all. No refunds.



# Adult Programs

## Exploring European Cities with Google Maps

**Wednesday, September 12, 10:00 AM**

Before you catch a plane and go on your next vacation, join seasoned traveler and Internet voyager Bill Paladino for suggestions on how to preview your destination. You will explore the streets of Barcelona, Paris, and Florence and Milan, using Google Maps and its street view option. Bill will offer tips for selecting an ideal hotel location, and your transportation options. Please register.

## Calling All Poets

**Thursday, September 6 & Monday, September 20,  
2:00 - 4:00 PM**

On the first and third Thursday of each month, you are invited to share your poetry with a supportive group of fellow writers. Beginning and experienced poets are encouraged to share their work and learn from each other. This is a self-moderated, casual group meeting. All are welcome. Registration is not required.

## Taproot Workshop

**Wednesdays, September 12 - November 14, 2:00 - 4:00 PM**

Any interested senior over 55 is welcome to attend the first session of the writing workshop at no cost. If you join, fees for this ten-week series are paid directly to Taproot, a nonprofit organization based at Stony Brook University. Please call the Reference Desk to register. Please note! SBU published the wrong starting date. The series begins September 12.

## Let's Talk About Medicare

**Monday, September 17, 10:00 AM**

Independent health insurance agent, Michael Lowe will discuss the basic components of Medicare and what you should consider when choosing or changing your plan. Part A, B, C, D and HMO, PPO, and PFFS plans, Medicare Savings Plans, New York State EPIC program and more will be covered. Please register.

## Medicare Services Counselor

**Wednesdays, September 5 & 19, 1:00 - 3:00 PM**

Larry Elmen, HIICAP Counselor for Suffolk County RSVP is available to discuss Medicare Services, Medicaid Options, Prescription Drug Programs, and Long Term Care/New York State Partnership Program Insurance. Registration is not required. Private sessions are available on a first-come, first-served basis in the Literacy Room.

## What You Need to Know About Elder Abuse

**Presented by the Victims Information Bureau  
of Suffolk County**

**Tuesday, September 25, 12:00 PM**

Community Educator, Donna M. Buccellato will discuss the eight different types of elder abuse. You will learn ways to keep yourself safe from perpetrators and how to safeguard personal information. Please register.

631-757-4200

# Adult Programs

## Bridge For Beginners

**Mondays, October 22, 29, November 5, 12, 19, 26,  
December 3 & 10, 2:00 - 4:00 PM**

This course is designed to introduce the game of bridge to anyone who has an interest in learning how to play. The curriculum follows recommended lessons on bidding and playing developed by the American Contract Bridge League (ACBL). All students are required to independently purchase the ACBL Bridge Series textbook entitled *Bidding in the 21st Century*, **prior to the first class**. The fee for this eight-week course is \$10. Registration is required, and limited to Harborfields Library Cardholders.

## Willing Hearts, Helpful Hands

**Tuesday, September 18, 11:00 AM - 12:00 PM**

An Alzheimers Caregiver Ambassador from Parker Jewish Institute will be in the lobby to provide information and resources for family caregivers.

## From Cover to Cover

**with Donna Diamond**

***The Last Days of Night* by Graham Moore**

**Wednesday, September 19, 11:30 AM - 1:00 PM**

Copies of this book are available at the Circulation Desk.

A mystery that starts with a sad homecoming quickly turns into a nail-biting thriller about family, friends, and forensic accounting.

## Just the Facts

**Nonfiction Book Discussion with Brad Silverman**

***HUE 1968: A Turning Point of the American War in Vietnam*  
by Mark Bowden**

**Thursday, September 27, 7:00 PM**

Copies of this book are available at the Circulation Desk. Please remember that most selections also are available in an audiobook or downloadable format. For assistance, contact the Reference Desk.

## English Conversation Group

**Mondays, September 10 & 17, 10:00 - 11:00 AM**

Looking to practice your English in a casual setting? Would you like to meet English language learners from other countries? Join us for an hour of group conversation. Registration is not required. All are Welcome!

## pronunciator:

Pronunciator is a fun and free way to learn any of 80 languages with self-directed lessons, live teachers, movies, music and more. Learn online & get the app for your mobile device! Get instant access from our homepage with your Library card.

## AARP Smart Driver

**Monday & Tuesday, September 24 & 25, 9:30 AM - 12:30 PM**

You must bring a check payable to AARP to the Reference Desk to register. The fee is \$20 for AARP members and \$25 for non-members. *Please bring your license and AARP membership card with you to the class.* This class is open to all.

info@harborfieldslibrary.org





**The Library Board of Trustees Meeting is Thursday, September 27, 7:00 PM**

**Learn to Be Tobacco Free**

**Tuesdays, September 25,  
October 2, 9, 16, 23, & 30  
6:00 - 7:15 PM**

This six-week program is offered by the Suffolk County Office of Health Education and is based on the CDC's Clinical Practice Guidelines for treating nicotine dependence. The Cessation program will provide information about the three aspects of nicotine dependence: biological, psychological, and behavioral. The emphasis is on preparing to quit. Those who use all forms of tobacco are welcome, and will find the program beneficial. The classes are free to Suffolk residents and conducted by Public Health Educators. Please register.

**Free Health Screenings**

**On the Saint Francis Hospital Outreach Bus  
Thursday, September 20,  
10:00 AM - 2:00 PM**

The Outreach Bus will be parked in the front circular driveway and will provide free screenings which will include a brief cardiac history, blood pressure, simple blood test for cholesterol, and diabetes screenings with appropriate patient education and referrals as needed for clients above the age of 18.



**FRIENDS OF THE LIBRARY  
BOOK SHOP HOURS**

**Open Tuesdays, Wednesdays,  
Thursdays, and Saturdays,  
10:00 AM - 4:00 PM**

**CHILDREN'S BOOKS BOGO SALE  
Buy One - Get One Free  
September 1 - 30**

**The next Friends of the Library  
Meeting is on Tuesday,  
September 4 at 7:30 PM**

**Thursday @ the Movies**

**September 6, 2:00 PM  
HURRICANE HEIST  
Rated PG-13, 100 minutes  
Starring Toby Kebbell, Maggie Grace, &  
Ryan Kwanten**

**September 27, 2:00 PM  
BOOK CLUB  
Rated PG-13, 104 minutes  
Starring Diane Keaton, Jane Fonda,  
Candice Bergen, & Mary Steenburgen**

Showing closed captions in the Community Room and simultaneously in the Small Meeting Room without.



**Phone:** (631) 757-4200

**Fax:** (631) 757-7216

**www.harborfieldslibrary.org**

**E-mail:**

**info@harborfieldslibrary.org**

**Library Hours**

Mon.- Thur. 9 AM- 9 PM  
Friday 10 AM - 9 PM  
Saturday 9 AM - 5 PM  
Sunday (Sept.- June) 1 PM- 5 PM

**Board of Trustees**

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**Important Notice!**



The Harborfields Public Library encourages all residents to participate in its programs and activities. If you require any special accommodation because of a disability, please contact the Reference Desk in advance at 757-4200. The following equipment is available at the Library for anyone with a visual disability: CCTV, ZoomText Magnifying software on a computer workstation, hand-held magnifiers and assistive listening devices for programs. Also, if you are unable to get to the Library because of a disability, we will be happy to deliver library materials to your home. Please call to make arrangements.

Staff may take photographs at Library programs for use in Library publicity. Please inform us if you do not want photos taken of you or your child.



**Adult Coloring**

**Tuesdays, 1:00 - 4:00 PM**

**Meets in the Kitchen Meeting Room**  
Registration is not required.

**Game & Card Room**

**Open Fridays, 1:00 - 4:00 PM**

**Meets in the Small Meeting Room  
except September 14.**  
Registration is not required.

**The Greenlawn-Centerport Historical  
Association's 39th Annual Pickle Festival**

**Saturday, September 15  
10:00 AM - 4:00 PM**

**At the Gardiner Farm  
900 Park Avenue, Huntington, NY**



**Donation: \$5**

**Children under 12 Free**

For more information call 631-754-1180  
[www.greenlawncenterporthistorical.org](http://www.greenlawncenterporthistorical.org)